

SKILLS CLINIC SCHEDULE

8:45AM GYM OPENS
9:15AM WELCOME/WARM UP
9:30AM SKILL ROTATION #1
10:00AM SKILL ROTATION #2
10:30AM BREAK (BRING A SNACK)
10:45AM SKILL ROTATION #3
11:15AM SKILL ROTATION #4
11:45AM LUNCH BREAK (BRING YOUR OWN)
12:15PM WARM UP
12:25PM GAMES
1:00PM CLOSING & CAMP AWARDS



NNEC JV Girl's Schedule 2018

January 12/13 Home Tournament
January 16 vs. CEC @ 5:30pm
January 19/20 @ CPA Tournament
January 23 vs. ARHS @ 5:30pm
February 9/10 – Regional Championships
February 23/24 – Provincial Championships

Mr. Shane Hampton
815 Sylvester Road
RR# Westville, NS
B0K 2A0



Gryphons Basketball

Thursday, December 28th, 2017
@ North Nova
Education Centre

*Proceeds to support the
NNEC JV Girl's
Basketball Team*



What's Happening?

On Thursday, December 28th the North Nova JV Girls' basketball team will be hosting a basketball skills clinic. Girls and boys **ages 7-11** will have the opportunity to learn more about the game of basketball as they receive coaching instruction on the basic skills of dribbling, passing, shooting, defense, and team play.

Participants will be working on individual skill during the morning sessions followed by team games after lunch!

There will be clinic prizes and each participant will receive a camp T-shirt!

There is space for 40 participants.

This clinic is a fundraiser for the JV girls' basketball team at NNEC. All funds raised will go to helping the team pay for travel, accommodations, and tournament entry fees.

Coaches

Mr. Shane Hampton
Mr. Shane Cormier

Coaches Hampton & Cormier will be leading and coordinating the day's activities. They are the coaches of the JV girls' basketball team at NNEC and are looking forward to building the skills of our community's up and coming young athletes.

Clinic Staff

NNEC JV Girls' Team

The 2017-2018 NNEC JV girls' basketball team is comprised of student-athletes in grades 9-12. This year's squad returns 6 girls from last year's team. They also bring in 6 new girls that are sure to make an impact immediately! The JV girls' team will be a force to be reckoned with at the Junior Varsity level across Nova Scotia!

Clinic Fee

It will cost your child **\$40** to attend our skills camp. This camp is our main team fundraiser and 100% of the profit generated will go directly back into the NNEC JV girls' basketball program. Funds raised will help with travel expenses, tournament fees, and referee fees.

Your support is greatly appreciated!

Registration Form

Child's Name:

Age: ___ Grade: ___ Health Card #: _____

Health Concerns (i.e. asthma)

Parents/Guardian's Name:

Mailing Address:

Phone #: _____ Cell #: _____

Emergency Contact Name and #:

Parent/Guardian Signature:

Note: Please include the camp registration fee with this registration form. Cheques can be made payable to *NNEC JV Girls Basketball*.

One registration form per child.

Contact Information

Coach Shane Hampton

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